

# UNEMPLOYED? LOOKING FOR WORK & NEED HELP?



## JOIN US FOR... EMPLOYABILITY SKILLS TRAINING

MONDAY-FRIDAY 9AM TO 11:30AM @ THE SANCTUARY,  
TANGMERE DRIVE, CASTLE VALE, B35 7PX

### MONDAY

#### **CV Workshop:**

To help you understand and appreciate the importance of a good professional CV, empower you with the right knowledge to make changes to suit the job profile of vacancies you apply for.

### TUESDAY

#### **Confidence building:**

- To understand what it means to be confident and assertive and see what the benefits are
- To learn to appreciate your skills, recognise your strengths and work on your weaknesses
- Develop the skills that help you and others to negotiate, communicate and co-operate, participate equally, ensuring that we can all learn from each other, get results, plan your action and get the support of others

### WEDNESDAY

#### **Job Club:**

Computer and internet access to allow you to search and apply for job vacancies

### THURSDAY

#### **Job searching, applications and interviews:**

Your chance to have the knowledge to search websites and apply for relevant job vacancies

### FRIDAY

#### **Computer skills:**

Learn my way an online training course starting with the very basics in computer training

**Progression routes to employment, training and volunteering!**

**\*\*\*Please book your space to avoid disappointment\*\*\***

**INTERESTED?? DROP IN FOR CAKE AND COFFEE (SEE OVERLEAF) OR CALL  
ROB ON: 07841 067 662 OR EMAIL ROBERT.HARRIS@COMPASS-  
SUPPORT.ORG.UK**

*You are invited to:*

# *Cake and Coffee time*

*Come and register for our employability sessions*

**FRIDAY 1:30PM TILL 3PM**

The Sanctuary,  
Tangmere Drive,  
Castle Vale  
B35 7PX



CONTACT ROB TO BOOK ON AT:07841 067 662  
OR EMAIL [ROBERT.HARRIS@COMPASS-SUPPORT.ORG.UK](mailto:ROBERT.HARRIS@COMPASS-SUPPORT.ORG.UK)