

# VOLUNTEER BEFRIENDER

## Volunteer Purpose

- To Engage with socially isolated adults living on Castle Vale and Reddicap Ward of Sutton Coldfield, helping to increase their confidence.
- To offer adults telephone calls and doorstep chats with the aim of supporting members of the community to access facilities and activities at Community Hubs.

- Are you naturally able to build peoples's confidence?
- Do you have experience of engaging with hard to reach groups, or those suffering from social isolation?
- We ask for a minimum of 1 hour volunteer time per week to help isolated adults reengage with their communities



**FOR MORE INFORMATION PLEASE CALL 0121 748 8111 OR EMAIL  
CONTACTUS@COMPASS-SUPPORT.ORG.UK**



**Compass Support**  
*Making lives and communities better*