

GET HEALTHY GET WORKING

Six week fun & interactive training course to give you the skills, confidence and support you need to achieve your goals & improve your wellbeing.



**INDIVIDUAL &
GROUP SUPPORT**



**QUALIFIED
LIFE COACH**



**INTERVIEW
TRAINING**



UNEMPLOYED? LOOKING FOR WORK AND NEED HELP?

The Get Healthy Get Working support programme will encourage you to fulfil your potential by engaging in a wide range of activities aimed at building confidence, promoting healthier lifestyles and supporting you into work.

JOIN NOW!



✉ employmentadvice@compass-support.org.uk

🌐 www.compass-support.org.uk

☎ 0121 748 8111

 **Compass Support**
Making lives and communities better

The
Henry Smith
Charity

founded in 1628