

Support to disabled children and families

Carers Hub **Register as a carer and receive support and information** **Call 03330069711** **City wide**
Phone <https://birminghamcarershub.org.uk/>

Family Carers information service	Range of support and information to parent carers	Contact Midland Mencap 0121 442 2944 or email familes@midlandmencap.org.uk	
Short breaks for disabled children	Fun activities and clubs for disabled young people	<p>Resources for Autism Clubs at Pines school Marsh Hill, Birmingham B23 7EY https://resourcesforautism.org.uk/where-we-work/west-midlands/</p> <p>Sutton Coldfield YMCA clubs and activities at George Williams House, Watson Close, St Bernard's Road, Sutton Coldfield, West Midlands, B72 1LE Call: 0121 382 9134 Email: toniwhitehouse@ymcasc.org.uk or samkelly@ymcasc.org.uk</p>	

Autis	Community group providing parents who have children with additional needs including mental health needs f	Run support groups and activities –runs from Highcroft centre https://www.autisbirmingham.com/support@autisbirmingham.com 07799 762992	City wide
Direct payments	Payments to enable parents to employ carers	Information sheet file:///U:/WINDOWS/my%20docs/info%20for%20resources%20sheets/direct%20payments.pdf Phone 0121 303 1888 email cass@birminghamchildrenstrust.co.uk website www.birminghamchildrenstrust.co.uk/dcsc	City wide
KIDS west Midlands/ Children's centre	Parents Support group	Weekly group for parent of under 5 with SEND Runs at Lakeside and Castle vale Children's centres Parents need a professional referral Contact the children's centre Castle vale 01217521920 Lakeside Lakes road (Erdington) 01217521970	Erdington
Square Peg	Activities to support children and families with additional needs	https://www.squarepegactivities.org/	Sutton area