



Family/Parenting Support

Safe Families	 Variety of volunteer support for families, including hosting children overnight in homes criteria are The family are socially isolated and lack a support network The family genuinely wants volunteer support There is a clear goal or endpoint which volunteers can help support the family to achieve The risks are low/medium and manageable with a risk plan Families need to be at early help level of above 	Contact the Safe Families office: 0115 922 7593 Online referral form https://refer.safefamilies.uk Code -208 Contact us 011 5922 7593 or office.midlands@safefamilies.uk https://safefamilies.uk/	City wide
Witton Lodge	Family support	https://wittonlodge.org.uk/our-projects/living- well/supporting-you/ For more information on about these services, please contact the Living Well Team on 0121 382 1930 between 9am-5pm, Monday to Friday, or email Fauzia.Begum@wittonlodge.org.uk	







Children's centres for families of under5 only	Parenting and healthy eating courses and advise Food bank referrals forms Family support duty worker available daily Family support workers available for short term work – self or professional referral call your nearest children's centre or ask your Health Visitor	Castle vale 01217521920 Lakeside Lakes road (Erdington) 01217521970 Featherstone Highcroft Road Erdington 01217521870	Erdington locality
Birmingham Children's trust/compass Support	Parenting groups and short term family support	Complete a family connect form Professional Family Connect Form – for Professionals self identification Family Connect Form – Self Identification	City wide

Online parenting course paid for by Birmingham City council for parents with children of all ages

Follow the link to access the course

https://www.birmingham.gov.uk/info/50224/birmingham_children_s_partnership/2218/from_birmingham_with_love/2

