

# TAKE THE FIRST STEP IN LOOKING OUT FOR YOUR NEIGHBOUR AND SWAP DETAILS.

Neighbour's name:

House no. & street name:

Phone number:

Our 'I'm OK' sign is:

Neighbour's family contact details:

Neighbour's GP contact details:

FILL IN THE FORM BELOW AND GIVE TO YOUR NEIGHBOUR TO KEEP IN A SAFE PLACE FOR WHEN NEEDED.

Contact info for

who is looking out for me

House no. & street name:

Phone number:

Our 'I'm OK' sign is:

## PHONE NUMBERS TO REMEMBER

NHS Choices: 111

Non-emergency police: 101

Emergency services: 999



| Health & Wellbeing Team |

| The Sanctuary |

| Tangmere Drive, Castle Vale, B35 7PX |

| 0121 748 8111 |

# NEIGHBOUR INTRODUCTION POSTCARD

KEEP ME SAFE!



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# NEIGHBOUR INTRODUCTION POSTCARD

KEEP ME SAFE!

Remember your neighbour is there to look out for you and to offer help. They cannot provide medical or social care.

If you need medical or social care contact your GP or Adult Social Care Services at Birmingham City Council.

**Birmingham City Council: 0121 464 1738**