

## GETTING IN TOUCH

If you are interested in making a referral, would like more information about our service, or simply want to clarify any information, please feel free to get in touch with our team. You can reach us:

- By Telephone: 0121 748 0897
- By email: feel free to send a message to [Maxine.foster@compass-support.org.uk](mailto:Maxine.foster@compass-support.org.uk)
- By post: send a letter to the Think Family Support Service via the address on the back of the leaflet

www.psdgraphics.com



## USEFUL INFORMATION



**Address:**  
**Compass Support,  
The Sanctuary,  
Tangmere Drive  
Castle Vale  
Birmingham  
B35 7PX**

## HOW TO GET SUPPORT?

If you would like to use our 'Think Family' Support service, please phone 0121 748 0897 to speak to the Think Family Support Team.

You can visit us between 9am and 5pm, Monday to Thursday and from 9am until 4pm on Friday.

# 'THINK FAMILY'



**Tel:** 0121 748 8111

**Web:** [www.compass-support.org.uk](http://www.compass-support.org.uk)

## WHAT IS 'THINK FAMILY'?

The 'Think Family' Support service is tailored to your family. We aim to help you, your children and other family members to better understand one another's needs and improve your relationships.

### We offer:

- One to one support for parents, including guidance on issues that may affect your family.
- Opportunities for children to talk about things that affect them at home and at school.
- Parenting programmes so you can learn new ways of dealing with many different situations.
- Parenting support groups for you to share your experiences with others.
- The chance to build valuable links between home and school.
- Support and guidance in exploring what is best for both children and their parents.
- Help in getting support from other agencies and professionals.



## OUR SERVICE TO YOU

Our Family Support team can offer support to families who either live on Castle Vale, have a B35 postcode or have children that attend a school on Castle Vale. Our main focus is around helping children up to the age of 18 years, but also providing support for the family.

We can help tackle a range of issues within the family setting. Some examples being:

School attendance  
or behaviour

Parenting advice  
or support

Help with  
employment

Social  
Isolation

Boundary  
Setting

Emotional and  
Physical wellbeing

Each area of support is tailored to the family and individuals. If you feel you need some support, just contact 0121 748 0897 or come along to our open days.

## FEEDBACK RECEIVED

"I think you're amazing and fantastic with all the support you are offering me."

"From the work you have done with my son, I have a happier home to live in."

"I would be happy to recommend my friends to use your service because I know they would be helped and supported."

"Thank you so much for helping me."

